

KY Valid Course List Health Related Activities

HOW TO USE THIS DOCUMENT

This document contains a listing of course descriptions and parameters along with certifications that fit the parameters for a given course. The grade range and population information listed for each course are not absolute. Please choose the course that most closely represents the students in a given course.

EXAMPLE

John Q Middle School had 5th, 6th, and 7th grade students taking a Creative Art course. This course would be linked to course number **500711: Creative Art – Comprehensive**, which shows with a recommended grade range of 6th – 12th.

The courses listed in this document are not meant to replace the course titles and course numbers already in use at the school level. Schools will link their courses in the STI Valid Course List to courses listed in this document.

Schools may have created courses that are very unique in order to meet students' needs. If a course does not meet the definition or content of one contained in this document, please use course number **909999: School Defined Course**, and code the correct content through the LEAD report.

CERTIFICATIONS

It is important to note that the certificates listed are the ones that fit *ALL* of the parameters for a specific course – there may be other certificates that can teach it with slightly more restrictive parameters.

It is very important to note that not all of the certificates listed under a specific course will meet the Highly Qualified Teacher standards as defined by The No Child Left Behind Act of 2001. Please refer to the Highly Qualified guidance documents located on the Education Professional Standards Board (EPSB) website at <http://www.kyepsb.net/nclb.asp>.

In addition to Highly Qualified considerations, please take note of the following information from ***The Program of Studies for Kentucky Schools Primary-12*** with regard to middle school courses that are offered for high school credit.

High School Credit Earned in Middle School

It is expected that most students will earn these credits during their high school years. However, local school districts may offer these courses to middle level students if the following criteria are met:

- the content and the rigor of the course is the same as established in the *Program of Studies*
- the students demonstrate mastery of the middle level content as specified in the *Program of Studies*
- the district has criteria in place to make reasonable determination that the middle level student is capable of success in the high school course
- **the middle level course is taught by teachers with either secondary or middle level certification with appropriate content specialization**

Although middle level courses list the Provisional and Standard Elementary Certificates, Grades 1-8 as allowable under the parameters of these courses, they will not meet the above requirements for courses that are offered for high school credit.

This document is a guide; therefore the EPSB disclaims any warranties as to the validity of the information in this document. Users of this document are responsible for verifying information received through cross-referencing the official record in the EPSB's Division of Certification. The EPSB shall not be liable to the recipient, or to any third party using this document or information obtained therefrom, for any damages whatsoever arising out of the use of this document.

Please contact Robin Chandler in KDE's Division of Curriculum at 502-564-2106 with any questions on content and curricula.

Please contact EPSB's Division of Certification at 502-564-4606 with any questions on credentials or permissions.

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Health Related Activities

(340000)

Health Related Activities - Health (340100)

340130 - Middle School Health Education

Grade Level: 6 - 8

Credits:

Description: The middle level health education curriculum emphasizes development of decision-making skills related to the essential areas of self-esteem, peer pressure, physical wellness, nutrition, safety and first aid, disease prevention, exercise, human growth and development, stress management, conflict resolution, substance abuse, group membership, goal setting, mental and emotional wellness, community resources and services, and related consumer choices.

Content: Health Education

Population: General

AM89	Approval For Teaching Health In The Middle Grades 5-6
A87	Area Specialization: Health-Physical Education
A86	Area Specialization: Health-Physical Education-Recreation
B85	Teaching Major: Health-Safety
B87	Teaching Major: Health-Physical Education
B89	Teaching Major: Health
B54	Teaching Major: Biology-Health
K89	Junior High Semi-Major: Health
C87	Teaching Minor: Health-Physical Education
C89	Teaching Minor: Health
J54	Junior High Major: Biology-Health
J89	Junior High Major: Health
KHE	Professional Certificate For Teaching Health, All Grades
KHEI	Provisional Internship Certificate For Teaching Health, All Grades
PEA	Provisional Elementary Certificate, Grades 1-8
PEB	Provisional Elementary Certificate, Grades 1-8
PEBF	Provisional Elementary Certificate, Grades 1-8
E89	Endorsement For Teaching Health Education, Grades K-8
ELE	Endorsement For Elementary School Classroom Teaching, Grades 1-8
X89	Emergency Certificate For Teaching Health
SEB	Standard Elementary Certificate, Grades 1-8
SEMF	Standard Elementary Certificate, Grades 1-8
SEM	Standard Elementary Certificate, Grades 1-8
SEA	Standard Elementary Certificate, Grades 1-8
TES	Endorsement For Elementary And Secondary Classroom Teaching
COHE	Conditional One-Year Certificate For Health, All Grades
TPHE	Temporary Provisional Certificate For Teaching Health, All Grades
AJHE	Adjunct Instructor For Health, All Grades
TEHE	Temporary Certificate For Health, All Grades
WHE	Professional Certificate For Teaching Health, All Grades
WHEI	Provisional Internship Certificate For Teaching Health, All Grades
CHE	Professional Certificate For College Faculty, Health, All Grades
ELE	Endorsement For Elementary School Classroom Teaching, Grades 1-8
PEA	Provisional Elementary Certificate, Grades 1-8
PEB	Provisional Elementary Certificate, Grades 1-8
PEBF	Provisional Elementary Certificate, Grades 1-8
SEB	Standard Elementary Certificate, Grades 1-8

SEMF	Standard Elementary Certificate, Grades 1-8
TES	Endorsement For Elementary And Secondary Classroom Teaching
SEM	Standard Elementary Certificate, Grades 1-8
SEA	Standard Elementary Certificate, Grades 1-8
CHEI	Provisional Internship Certificate For College Faculty, Health, All Grades

340132 - Elementary Health Education

Grade Level: 0 - 5

Credits:

Description: Students in elementary health education learn the basics of good nutrition and personal health habits, sound safety practices, violence avoidance, and the use of refusal skills. Health education enables students to acquire the knowledge, skills, and practices that should be a part of their daily routine throughout life.

Content: Health Education

Population: General

AM89	Approval For Teaching Health In The Middle Grades 5-6
A87	Area Specialization: Health-Physical Education
A86	Area Specialization: Health-Physical Education-Recreation
B85	Teaching Major: Health-Safety
B87	Teaching Major: Health-Physical Education
B89	Teaching Major: Health
B54	Teaching Major: Biology-Health
K89	Junior High Semi-Major: Health
C87	Teaching Minor: Health-Physical Education
C89	Teaching Minor: Health
J89	Junior High Major: Health
KHE	Professional Certificate For Teaching Health, All Grades
KHEI	Provisional Internship Certificate For Teaching Health, All Grades
PATE	Provisional Alternative Training Program Certificate For Teaching In The Early Elementary, Grades K-5
PEA	Provisional Elementary Certificate, Grades 1-8
PEB	Provisional Elementary Certificate, Grades 1-8
PEBF	Provisional Elementary Certificate, Grades 1-8
E89	Endorsement For Teaching Health Education, Grades K-8
ELE	Endorsement For Elementary School Classroom Teaching, Grades 1-8
KEL	Professional Certificate For Teaching In Elementary School, Primary Through Grade 5
KELI	Provisional Internship Certificate For Teaching In Elementary School, Primary Through Grade 5
X89	Emergency Certificate For Teaching Health
SEB	Standard Elementary Certificate, Grades 1-8
SEMF	Standard Elementary Certificate, Grades 1-8
SEM	Standard Elementary Certificate, Grades 1-8
SEA	Standard Elementary Certificate, Grades 1-8
TEEL	Temporary Certificate For Elementary, Grades P-5
COEL	Conditional One-Year Certificate For Elementary, Grades P-5
TES	Endorsement For Elementary And Secondary Classroom Teaching
XEL	Emergency Certificate For Teaching Elementary, Primary Through Grade 5
TPEL	Temporary Provisional Certificate For Early Elementary, Grades P-5
AJEL	Adjunct Instructor For Elementary, Grades P-5
COHE	Conditional One-Year Certificate For Health, All Grades
TPHE	Temporary Provisional Certificate For Teaching Health, All Grades
KELL	Kentucky Elementary Limited, Grades P-5
AJHE	Adjunct Instructor For Health, All Grades
TEHE	Temporary Certificate For Health, All Grades
WHE	Professional Certificate For Teaching Health, All Grades
WHEI	Provisional Internship Certificate For Teaching Health, All Grades
CHE	Professional Certificate For College Faculty, Health, All Grades

ELE	Endorsement For Elementary School Classroom Teaching, Grades 1-8
PATE	Provisional Alternative Training Program Certificate For Teaching In The Early Elementary, Grades K-5
PEA	Provisional Elementary Certificate, Grades 1-8
PEB	Provisional Elementary Certificate, Grades 1-8
PEBF	Provisional Elementary Certificate, Grades 1-8
KEL	Professional Certificate For Teaching In Elementary School, Primary Through Grade 5
KELI	Provisional Internship Certificate For Teaching In Elementary School, Primary Through Grade 5
SEB	Standard Elementary Certificate, Grades 1-8
SEMF	Standard Elementary Certificate, Grades 1-8
TEEL	Temporary Certificate For Elementary, Grades P-5
COEL	Conditional One-Year Certificate For Elementary, Grades P-5
TES	Endorsement For Elementary And Secondary Classroom Teaching
XEL	Emergency Certificate For Teaching Elementary, Primary Through Grade 5
SEM	Standard Elementary Certificate, Grades 1-8
SEA	Standard Elementary Certificate, Grades 1-8
AJEL	Adjunct Instructor For Elementary, Grades P-5
TPEL	Temporary Provisional Certificate For Early Elementary, Grades P-5
KELL	Kentucky Elementary Limited, Grades P-5
CHEI	Provisional Internship Certificate For College Faculty, Health, All Grades

340133 - Health Education I

Grade Level: 9 - 12

Credits: 1/2

Description: Health I addresses the topics of mental health, drugs, alcohol and tobacco, sex education, sexually transmitted diseases, infectious diseases, safety and first aid, cardiopulmonary resuscitation, (CPR), nutrition, consumer health and non-infectious diseases.

Content: Health Education

Population: General

AM89	Approval For Teaching Health In The Middle Grades 5-6
A87	Area Specialization: Health-Physical Education
A86	Area Specialization: Health-Physical Education-Recreation
B85	Teaching Major: Health-Safety
B87	Teaching Major: Health-Physical Education
B89	Teaching Major: Health
B54	Teaching Major: Biology-Health
K89	Junior High Semi-Major: Health
C87	Teaching Minor: Health-Physical Education
C89	Teaching Minor: Health
J89	Junior High Major: Health
KHE	Professional Certificate For Teaching Health, All Grades
KHEI	Provisional Internship Certificate For Teaching Health, All Grades
E89	Endorsement For Teaching Health Education, Grades K-8
X89	Emergency Certificate For Teaching Health
CFAI	Provisional Internship Certificate For College Faculty, Family And Consumer Science, Grades 8-12
COHE	Conditional One-Year Certificate For Health, All Grades
TPHE	Temporary Provisional Certificate For Teaching Health, All Grades
AJHE	Adjunct Instructor For Health, All Grades
TEHE	Temporary Certificate For Health, All Grades
WHE	Professional Certificate For Teaching Health, All Grades
WHEI	Provisional Internship Certificate For Teaching Health, All Grades
CHE	Professional Certificate For College Faculty, Health, All Grades
CHEI	Provisional Internship Certificate For College Faculty, Health, All Grades

340199 - Independent Study - Health

Grade Level: 9 - 12

Credits:

Description: Independent Study in health and physical education provides students an opportunity for in-depth study on a specific topic. Students must apply for and be accepted in independent study during the semester before scheduling the course.

Content: Health Education

Population: General

AM89	Approval For Teaching Health In The Middle Grades 5-6
A87	Area Specialization: Health-Physical Education
A86	Area Specialization: Health-Physical Education-Recreation
B85	Teaching Major: Health-Safety
B87	Teaching Major: Health-Physical Education
B89	Teaching Major: Health
B54	Teaching Major: Biology-Health
K89	Junior High Semi-Major: Health
C87	Teaching Minor: Health-Physical Education
C89	Teaching Minor: Health
J89	Junior High Major: Health
KHE	Professional Certificate For Teaching Health, All Grades
KHEI	Provisional Internship Certificate For Teaching Health, All Grades
E89	Endorsement For Teaching Health Education, Grades K-8
X89	Emergency Certificate For Teaching Health
CFAI	Provisional Internship Certificate For College Faculty, Family And Consumer Science, Grades 8-12
COHE	Conditional One-Year Certificate For Health, All Grades
TPHE	Temporary Provisional Certificate For Teaching Health, All Grades
AJHE	Adjunct Instructor For Health, All Grades
TEHE	Temporary Certificate For Health, All Grades
WHE	Professional Certificate For Teaching Health, All Grades
WHEI	Provisional Internship Certificate For Teaching Health, All Grades
CHE	Professional Certificate For College Faculty, Health, All Grades
CHEI	Provisional Internship Certificate For College Faculty, Health, All Grades

Health Related Activities - Physical Education

(340200)

340214 - Conditioning Principles

Grade Level: 9 - 12

Credits:

Description: This course emphasizes improvement in flexibility, strength, and endurance. Weight training fundamentals are included with safety highlighted throughout the course. Periodic assessments are made so students can see progress. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340215 - Aerobics

Grade Level: 9 - 12

Credits:

Description: This course offers a variety of aerobic activities, some weight training and weight management. It also offers the students the opportunity to design their own exercise tape. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education

B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340216 - Physical Education I

Grade Level: 9 - 12

Credits: 1/2

Description: Physical Education I involves the teaching of lifetime leisure sports, individual sports and team sports. Skills learned will be reinforced and advanced skills will be introduced.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340217 - Conditioning

Grade Level: 9 - 12

Credits:

Description: This course offers the student the opportunity to improve overall physical fitness through aerobic and anaerobic training. Students will help set their own conditioning goals. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340218 - Advanced Sport Skills

Grade Level: 9 - 12

Credits:

Description: This course offers students the opportunity to strengthen the specific skills of different sports including team and individual sports. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340219 - Physical Education II

Grade Level: 9 - 12

Credits:

Description: Physical Education II is designed for students who desire to develop advanced skills in selected

games and sports including physical fitness, sports appreciation, angling and casting, self-defense, and golf.
PREREQUISITE: Physical Education I **NOTE:** Individual schools may have entrance requirements for placement in Physical Education II.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340220 - Advanced Physical Education III

Grade Level: 9 - 12

Credits:

Description: Advanced Physical Education III is designed for students who have a genuine desire to develop their interest and skills to an advanced level to enjoy the physical activities and to pursue a career interest.
PREREQUISITE: Physical Education II **NOTE:** There are also entrance requirements for placement in Physical Education III.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades

CPE	Professional Certificate For College Faculty, Physical Education, All Grades
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340221 - Gross Motor Development

Grade Level: 9 - 12

Credits:

Description: This course is an elective course only, may not be used for initial credit. The course will focus on developing gross motor skills and strength of the large muscle groups.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340222 - Conditioning/Court Sports

Grade Level: 9 - 12

Credits:

Description: This course helps students understand athletic conditioning through weight training and various cardiovascular activities. Students are required to develop their own conditioning program and then apply it in the weight room. This course also includes some research and guest speakers. ELECTIVE COURSE ONLY

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades

AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340223 - Foundations of Sport and Exercise

Grade Level: 9 - 12

Credits:

Description: This course gives students who are involved in athletics a chance to condition in the off season and learn about different aspects of sports such as officiating, nutrition, rules, athletic training and careers associated with athletics.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340224 - Sports Across the World

Grade Level: 9 - 12

Credits:

Description: This course introduces various sports to the student. All of these sports will be from different countries across the globe. A few of the sports included are cricket, team handball and squash.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades

KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340225 - Aquatics

Grade Level: 9 - 12

Credits:

Description: Introduces students to the basic swimming skills, aquatic sports and exercise. Promotes personal safety in and around water by offering CPR and First Aid Training.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340229 - Middle School Physical Education

Grade Level: 6 - 8

Credits:

Description: Middle level physical education assists in the continuing physical, mental, social and emotional development of students as they make the transition from puberty to adolescence. The physical education program provides students opportunities to learn sportsmanship, cooperation, principles of motor skills, fitness, conditioning, and the physical and social benefits of exercise. The middle level physical education program focuses on fitness activities, techniques, strategies and rules of games. Sports participation in lifelong activities such as golf, tennis, bowling, archery, running, hiking, swimming, and cycling are also emphasized. Students develop the ability to assess wellness and analyze movement skills.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
PEA	Provisional Elementary Certificate, Grades 1-8
PEB	Provisional Elementary Certificate, Grades 1-8
PEBF	Provisional Elementary Certificate, Grades 1-8
E88	Endorsement For Elementary School Physical Education
ELE	Endorsement For Elementary School Classroom Teaching, Grades 1-8
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
SEB	Standard Elementary Certificate, Grades 1-8
SEMF	Standard Elementary Certificate, Grades 1-8
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
SEM	Standard Elementary Certificate, Grades 1-8
SEA	Standard Elementary Certificate, Grades 1-8
TES	Endorsement For Elementary And Secondary Classroom Teaching
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades
PEB	Provisional Elementary Certificate, Grades 1-8
PEBF	Provisional Elementary Certificate, Grades 1-8
SEB	Standard Elementary Certificate, Grades 1-8
SEMF	Standard Elementary Certificate, Grades 1-8
TES	Endorsement For Elementary And Secondary Classroom Teaching
SEM	Standard Elementary Certificate, Grades 1-8
SEA	Standard Elementary Certificate, Grades 1-8
ELE	Endorsement For Elementary School Classroom Teaching, Grades 1-8
PEA	Provisional Elementary Certificate, Grades 1-8

340231 - Tumbling

Grade Level: 9 - 12

Credits: 0

Description: This course is designed to teach students the principles of conditioning, strength and flexibility through tumbling and floor exercise. This course follows the Junior Olympic Developmental Program of the USA Gymnastics Association. It is designed for beginning levels through advanced floor routines.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education

KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340233 - Parts and Systems: Your Body at Work

Grade Level: 9 - 12

Credits:

Description: This course introduces students to the body systems, the body parts, and how they work. Malfunctions and diseases of the body will be included.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340271 - Fitness and Weight Management

Grade Level: 9 - 12

Credits:

Description: This course is designed to teach students how to gain weight, lose weight, trim, tone and become physically fit, as well as how to plan and eat a healthy diet.

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education

B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades

340281 - Emergency Procedures

Grade Level: 9 - 12

Credits:

Description: This course focuses on potential emergency situations. It is designed to promote an understanding of standard precautions necessary for personal and professional health maintenance and infection control. Upon successful completion of the course, the student will have the opportunity for certification in First Aid and Cardiopulmonary Resuscitation.

Content: Health Science (CTE)

Population: General

X210	Emergency Certificate For Health Services
XWVO	Waiver For Vocational Education, Grades 5-12, 6-Month
210	Health Services
250	Practical Nursing
211	Radiology Technology
A78	Area Specialization: Health Occupations
X97	Emergency Certificate For Teaching Industrial Technology
AJAH	Adjunct Instructor For Allied Health, Grades 5-12
200	Allied Health Science

340290 - Integrated Health and Physical Education

Grade Level: 9 - 12

Credits: 1

Description: A course providing insight into healthy living, including the structure and function of the human body, its systems, and the importance of physical fitness and sound nutrition. In addition, movement, sports and physical activity are used as central elements to foster active, healthy lifestyles and enhance the quality of life for the future.

Content: Integrated Health and Physical Education (6-12)

Population: General

A87	Area Specialization: Health-Physical Education
A86	Area Specialization: Health-Physical Education-Recreation
B87	Teaching Major: Health-Physical Education
C87	Teaching Minor: Health-Physical Education

340299 - Independent Study - Physical Education

Grade Level: 9 - 12

Credits:

Description: Independent Study in health and physical education provides students an opportunity for in-depth study on a specific topic. Students must apply for and be accepted in independent study during the semester before scheduling the course. Acceptance into it

Content: Physical Education

Population: General

AM88	Approval For Teaching Physical Education In The Middle Grades 5-6
A86	Area Specialization: Health-Physical Education-Recreation
A87	Area Specialization: Health-Physical Education
B87	Teaching Major: Health-Physical Education
B88	Teaching Major: Physical Education
C87	Teaching Minor: Health-Physical Education
C88	Teaching Minor: Physical Education
E88	Endorsement For Elementary School Physical Education
KPE	Professional Certificate For Teaching Physical Education, All Grades
KPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
X88	Emergency Certificate For Teaching Physical Education
WPE	Professional Certificate For Teaching Physical Education, All Grades
WPEI	Provisional Internship Certificate For Teaching Physical Education, All Grades
CPEI	Provisional Internship Certificate For College Faculty, Physical Education, All Grades
AJPE	Adjunct Instructor For Physical Education, All Grades
COPE	Conditional One-Year Certificate For Physical Education, All Grades
TPPE	Temporary Provisional Certificate For Teaching Physical Education, All Grades
TEPE	Temporary Certificate For Physical Education, All Grades
KPEL	Kentucky Physical Education Limited Certificate, All Grades
CPE	Professional Certificate For College Faculty, Physical Education, All Grades